



Cooking with Coral

5 Easy GF + DF Seasonings



GLUTEN FREE
with Coral

Chili Seasoning

2 tbsp dried minced onion

1 1/2 tsp chili powder

1 tsp salt

1/2 tsp crushed red pepper

1/2 tsp dried minced garlic

1/2 tsp ground cumin



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Poultry Seasoning

2 tsp ground sage

1 tsp ground thyme

1 tsp ground marjoram

3/4 tsp ground rosemary

1/2 tsp nutmeg

1/2 tsp black pepper



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Taco Seasoning

1 tbsp chili powder

2 tsp ground cumin

1/2 tsp garlic powder

1 tsp paprika

1/2 tsp onion powder

1 tsp salt

1/4 tsp crushed red pepper

1/2 tsp pepper



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Grill Seasoning

1 tbsp paprika

1 tsp cumin

1/2 tsp garlic powder

1/2 tsp onion powder

1/2 tsp dried rosemary

1/2 tsp dried sage

1/4 tsp black pepper

1/2 tsp dry mustard

1/8 tsp cayenne pepper

1 tsp dried onion flakes



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Ranch Seasoning

2 tbsp dried parsley

2 tsp dried dill

2½ tsp garlic powder

2¼ tsp kosher salt

2 tsp onion powder

2 tsp dried minced onion

½ tsp ground black pepper

½ tsp paprika

¼ tsp cayenne pepper



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